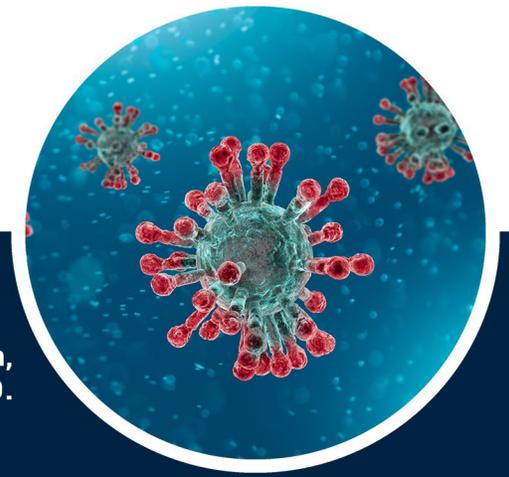


# COVID-19



## What is it?

Novel coronavirus COVID-19 is a virus strain that originated in Wuhan, Hubei Province, China that has spread among humans since Dec. 2019.

The Washoe County Health District is monitoring the issue closely;

## How does it spread?

- Through the air by coughing and sneezing
- Close personal contact such as caring for, or living in close contact with, a person who is ill

## How can I prevent getting COVID-19?



Wash hands often with soap and water



Avoid touching your eyes, nose or mouth with unwashed hands



Avoid contact with people who are sick



Stay home when you are sick



Cough or sneeze into tissue or sleeve

## Symptoms



Fever



Cough



Difficulty breathing



Severe respiratory illness

Symptoms may appear in as few as 2 days or as many as 14 days

## Get a COVID-19 Test

Washoe County residents who are showing symptoms such as fever, cough and shortness of breath should get a risk assessment with Washoe County to determine if you need a COVID-19 test. A risk assessment can be performed by calling 775-328-2427 or going to [www.COVID19Washoe.com](http://www.COVID19Washoe.com).



**WASHOE COUNTY  
HEALTH DISTRICT**  
ENHANCING QUALITY OF LIFE



Go to [cdc.gov/COVID19](http://cdc.gov/COVID19) for the most up-to-date information