Foodborne Illness Restriction and Exclusion Guidelines

without an Illness Diagnosis

|  |  |  |  |
| --- | --- | --- | --- |
| **Symptom** | **Restrict/Exclude****Not a HSP Facility** | **Restrict/Exclude****Facility Serves a HSP** | **Lifting Restriction or Exclusion Status** |
| **Vomiting** | Exclude | Exclude | When the food employee has been symptom free for at least 24 hours without the aid of medication or provides written medical release/fitness for duty\*. |
| **Diarrhea** | Exclude | Exclude | When the food employee has been symptom free for at least 24 hours without the aid of medication or provides written medical release/fitness for duty\*. |
| **Jaundice** | Exclude | Exclude | When the food employee has been jaundiced for more than 7 calendar days or provides a written medical release/fitness for duty\*. |
| **Sore throat with fever** | Restrict | Exclude | When food employee has been fever free for 24 hours without the use of medication, or when the food employee provides a written medical release/fitness for duty\*. |
| **Exposed infected wounds/boils** | Restrict | Restrict | When the infected wound or boil is properly covered. |

\*Medical release does not supersede exclusion timeframes, unless it specifically states that symptoms are the result of a non-communicable disease.

**HSP – Highly Susceptible Population –** Those who are immunocompromised, preschool-age children, older adults, and individuals who obtain food at a facility that provides services such as custodial care, health care, or assisted living, or in a child care or adult day care center, kidney dialysis center, hospital, nursing home, or nutritional or senior center.

**Exclusion –** a food employee is not permitted to work in or enter a food establishment as a food employee. This requirement applies to areas where food is received, prepared, stored, packaged, served, vended, transported, or purchased.

**Restriction –** a food employee’s activities are limited to prevent the risk of transmitting disease that is transmissible through food. A restricted employee cannot work with exposed food, clean equipment, utensils, linens, or unwrapped single-service or single-use articles.



1001 E. 9th Street, Reno, NV 89512

775-328-2434

www.washoecounty.us/health